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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  **МЕНЮ на « 10 » июня 2025 7день**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Наименование блюда | Ясли | Сад  |
| **З****А****В****Т****Р****А****К** | Каша молочная «Геркулес» | 150 | 200 |
| Хлеб пшеничный | 20 | 30 |
| Масло сливочное | 5 | 5 |
| Какао (молоко ½) | 180 | 180 |
|  |  |  |
| сок | 100 | 100 |
|  |  |  |
| **О****Б****Е****Д** | Щи из свежей капусты с картофелем  | 150 | 200 |
| Птица тушеная с овощами | 180 | 230 |
| Помидор свежий | 20 | 20 |
| Хлеб пшеничный | 20 | 20 |
| Хлеб ржаной | 40 | 50 |
| Компот из сухофруктов | 150 | 180 |
|  |  |  |
| **П****О****Л****Д****Н****И****К** | Запеканка из творога с морковью | 170 | 220 |
| Соус молочный | 30 | 30 |
| Хлеб пшеничный | 20 | 20 |
| Чай | 180 | 180 |
|  |  |  |
| **У****Ж****И****Н** | Кефир | 180 | 200 |
| Печенье | 28 | 42 |
|  |  |  |

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