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| **МЕНЮ на « 10 » июня 2025 7день**   |  |  |  |  | | --- | --- | --- | --- | |  | Наименование блюда | Ясли | Сад | | **З**  **А**  **В**  **Т**  **Р**  **А**  **К** | Каша молочная «Геркулес» | 150 | 200 | | Хлеб пшеничный | 20 | 30 | | Масло сливочное | 5 | 5 | | Какао (молоко ½) | 180 | 180 | |  |  |  | | сок | 100 | 100 | |  |  |  | | **О**  **Б**  **Е**  **Д** | Щи из свежей капусты с картофелем | 150 | 200 | | Птица тушеная с овощами | 180 | 230 | | Помидор свежий | 20 | 20 | | Хлеб пшеничный | 20 | 20 | | Хлеб ржаной | 40 | 50 | | Компот из сухофруктов | 150 | 180 | |  |  |  | | **П**  **О**  **Л**  **Д**  **Н**  **И**  **К** | Запеканка из творога с морковью | 170 | 220 | | Соус молочный | 30 | 30 | | Хлеб пшеничный | 20 | 20 | | Чай | 180 | 180 | |  |  |  | | **У**  **Ж**  **И**  **Н** | Кефир | 180 | 200 | | Печенье | 28 | 42 | |  |  |  | |